## Self-Reported Clinical Symptoms: Insomnia (Only Sleep for a Few Hours / Cannot Get Extended Sleep)

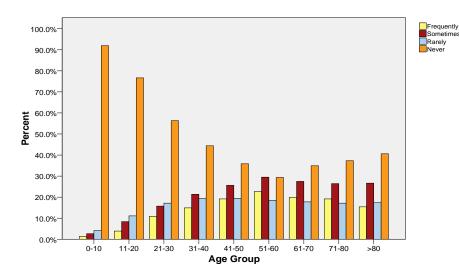
All Age and Gender Groups

<u>NOTE:</u> Symptoms were self reported by participants and were not independently verified with medical records or by a health care professional. Limited information about the characteristics of the self-reported symptoms, such as severity, duration, or history, was collected. Inferences about population health or associations based on these self-reported symptoms should be made cautiously.

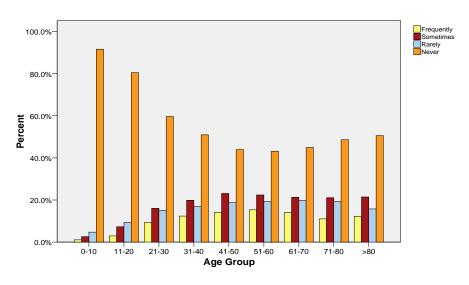
SELF-REPORTED CLINICAL SYMPTOMS BY GENDER AND AGE GROUP: INABILITY TO GET EXTENDED SLEEP

Gender			Inability To Get Extended Sleep				Total	
				Frequently	Sometimes	Rarely	Never	
Female	Age Group	0-10	Count	37	70	110	2473	2690
			Percent (%)	1.4%	2.6%	4.1%	91.9%	100.0%
		11-20	Count	185	399	529	3657	4770
			Percent (%)	3.9%	8.4%	11.1%	76.7%	100.0%
		21-30	Count	585	850	926	3047	5408
			Percent (%)	10.8%	15.7%	17.1%	56.3%	100.0%
		31-40	Count	863	1236	1121	2571	5791
			Percent (%)	14.9%	21.3%	19.4%	44.4%	100.0%
		41-50	Count	1229	1643	1242	2299	6413
			Percent (%)	19.2%	25.6%	19.4%	35.8%	100.0%
		51-60	Count	1191	1551	972	1543	5257
			Percent (%)	22.7%	29.5%	18.5%	29.4%	100.0%
		61-70	Count	662	915	591	1161	3329
			Percent (%)	19.9%	27.5%	17.8%	34.9%	100.0%
		71-80	Count	301	415	269	586	1571
			Percent (%)	19.2%	26.4%	17.1%	37.3%	100.0%
		>80	Count	86	149	97	227	559
			Percent (%)	15.4%	26.7%	17.4%	40.6%	100.0%
	Total		Count	5139	7228	5857	17564	35788
			Percent (%)	14.4%	20.2%	16.4%	49.1%	100.0%
Male	Age Group	0-10	Count	29	70	127	2477	2703
			Percent (%)	1.1%	2.6%	4.7%	91.6%	100.0%
		11-20	Count	144	361	463	3993	4961
			Percent (%)	2.9%	7.3%	9.3%	80.5%	100.0%
		21-30	Count	427	737	692	2743	4599
			Percent (%)	9.3%	16.0%	15.0%	59.6%	100.0%
		31-40	Count	602	967	826	2485	4880
			Percent (%)	12.3%	19.8%	16.9%	50.9%	100.0%
		41-50	Count	803	1311	1066	2494	5674
			Percent (%)	14.2%	23.1%	18.8%	44.0%	100.0%
		51-60	Count	777	1135	975	2186	5073
			Percent (%)	15.3%	22.4%	19.2%	43.1%	100.0%
		61-70	Count	478	724	672	1531	3405
			Percent (%)	14.0%	21.3%	19.7%	45.0%	100.0%
		71-80	Count	176	337	308	776	1597
			Percent (%)	11.0%	21.1%	19.3%	48.6%	100.0%
		>80	Count	43	75	55	177	350
			Percent (%)	12.3%	21.4%	15.7%	50.6%	100.0%
	Total		Count	3479	5717	5184	18862	33242
			Percent (%)	10.5%	17.2%	15.6%	56.7%	100.0%

## **INABILITY TO GET EXTENDED SLEEP IN FEMALES BY AGE GROUP**



## INABILITY TO GET EXTENDED SLEEP IN MALES BY AGE GROUP



## INABILITY TO GET EXTENDED SLEEP BY GENDER AND AGE GROUP

